

Contraceptive pill

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What is a contraceptive pill?

A contraceptive pill is claimed as the most reliable method of prevention, BUT IT DOESN'T offer protection from sexually spread diseases.

There are two types of pills:

- Combined pill
 - Mini pill
- Combined pill:
- It contains female hormones: estrogen and progesterone
 - It thickens the secrete inside the uterus and changes the inside its inside in a way that it disables the fertile egg to attach to the uterus
 - The 21st day is usually taken, after which seven days of pause follow
 - Placebo tablets can be taken during the seven-day pause to keep the continuity of taking contraceptive pills
- Mini pill:
- There is no interference of sex in order to use the contraception method
 - They are highly available in a majority of countries
 - Sometimes they shorten, ease and make the period less painful
 - Mini pills can be taken even while breastfeeding
 - They help in preventing ovary and cervical cancer
 - They reduce the risk of good-natured uterus tumor, ovary cyst and breast diseases, but not breast cancer
 - Normal periods of fertility are returned after ending use of the pills
- What are the disadvantages?
- They don't offer protection from sexually spread diseases
 - They must be taken every day, and therefore, the effectiveness is depending on the reliability and exactness of the persons who use them
 - Sometimes they are recognized as the cause of trombosis
 - They can raise the risk of breast cancer, especially among smokers and women older than 35
 - Regular practitioner checkups are obligated
 - The combined pill isn't recommendable to women who had high blood pressure in their medical history, and neither to wet nurses
 - The contraception effectiveness can be lowered if antibiotics are simultaneously used or if the person suffers from vomiting or diarrhea – before taking any drugs consult your practitioner
 - They can cause mild side-effects like headache, raised body temperature, dizziness, breast sensitivity, mild bleeding between two periods and change of mood
 - They aren't much available in some places
- The level of effectiveness of contraceptive pills is 96-99%